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AUGUST 2016

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LETTERS TO THE EDITOR



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Spotlight on Dryden

Whigville, Muzak and Wally Cox

By Alan Naldrett
ThumbPrint News Contributor

*Happy the man, and happy he alone,
 He who can call today his own:
 He who, secure within, can say,
 Tomorrow do thy worst, for I have lived today.*

This is an excerpt of a poem written in 1685, by John Dryden, the man that Dryden, Michigan, in Lapeer County is named for. The area that Dryden is in was first called Amboy when it was settled in 1834. Amboy got a post office in 1837, and became a separate community, renamed Thornville for postmaster Benjamin Thorne in 1854. The post office of Thornville was open until 1905. This settlement west of Dryden



Main Street of Dryden, circa 1900s, courtesy of Don Harrison

has a road and cemetery named for it. Thornville Cemetery is near Dryden's west corner.

Andrew Matoon was the first landholder in Dryden in 1834, and, along with other early arrivals, helped build a 14-mile-long road known as the "Messenger Road." In the winter of 1836-1837, a snow storm of mammoth proportions struck the area,

but the early settlers persevered by helping each other, which further cemented community ties.

The first township meeting was in 1837, at the home of Daniel Smith. The township was named Lomond. Officers, as well as a justice of the peace and a constable, were chosen from among the 37 settlers that attended. A bounty of two dollars was placed on wolves at that first meeting.

A meeting in 1838 changed the township's name to Dunham and in 1839, Sanford Kendrick suggested the present name, honoring poet John Dryden. They originally wanted the

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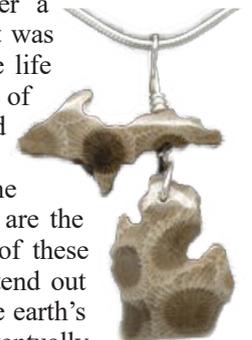


MICHIGAN STONE PREDATES DINOSAURS

By David Odziana
ThumbPrint News Staff Writer and Field Reporter

If you've ever spent time on Michigan's coast during the summer, you're most likely aware of the rock everyone is searching for – however, far less people actually realize what's contained inside the unique stone.

Approximately 350 million years ago, which was nearly 100 million years before dinosaurs were roaming the earth, the world as we know it looked completely different. The landmass that eventually became Michigan was located near the equator and was completely submerged under a warm shallow ocean. The environment was perfect for a variety of tropical marine life to thrive, which included different types of coral – one species in particular is called *Hexagonaria percarinata*, which is the fossil inside the Petoskey stone. The hexagon shapes in the Petoskey stone are the skeletons of the coral and the center of these fossils was the tentacle that would extend out to retrieve food. As time passed and the earth's plates began shifting, Michigan eventually relocated up to the 45th parallel. During this process, land was lifted above sea level, and along with the



See *MICHIGAN STONE* Page 9



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Letter from the Editor

In 1950, there were 200 million people over 60 years old (often the number used to determine when a person has officially become a "senior citizen"). By 2000, that number had tripled to nearly 600 million. By 2025 (only nine years from now), it has been estimated that that number will be well over 1 billion!

On August 19, 1988, President Ronald Reagan issued Proclamation 5847, which designated August 21st of each year to be National Senior Citizens Day. In part, that proclamation stated:

Throughout our history, older people have achieved much for our families, our communities, and our country. That remains true today, and gives us ample reason this year to reserve a special day in honor of the senior citizens who mean so much to our land.

With improved health care and more years of productivity, older citizens are reinforcing their historical roles as leaders and as links with our patrimony and sense of purpose as individuals and as a Nation. Many older people are embarking on second careers, giving younger Americans a fine example of responsibility, resourcefulness, competence, and determination. And more than 4.5 million senior citizens are serving as volunteers in various programs and projects that benefit every sector of society. Wherever the need exists, older people are making their presence felt – for their own good and that of others.

For all they have achieved throughout life and for all they continue to accomplish, we owe older citizens our thanks and a heartfelt salute. We can best demonstrate our gratitude and esteem by making sure that our communities are good places in which to mature and grow older – places in which older people can participate to the fullest and can find the encouragement, acceptance, assistance, and services they need to continue to lead lives of independence and dignity.

According to the Administration on Aging, 28% of adults over 65 live alone; for women over age 75, the percentage jumps to 45%. Although independence can provide a big boost to self-esteem and empowerment for these seniors, it can also lead to loneliness and isolation. Let's all try to celebrate our seniors this August 21st and show our gratitude in some way for the contributions they have made to our lives and neighborhoods.

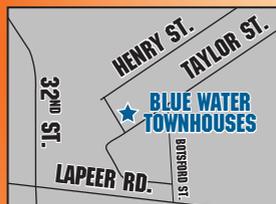
Here are just a few ideas that might be a great way to celebrate this little known special day:

- Start a family history project by interviewing a senior loved one about their memories and experiences. Begin recording old family stories and copying favorite old family photos.
- Set aside books, movies or games to enjoy with a senior loved one. Be sure to include the grandkids in this quality family time.
- Skype with tech-savvy seniors, if they are separated from you by a large geographic distance.
- Practice random acts of kindness with your senior loved ones, such as dropping in for a chat, bringing a deck of cards for a break in every day routine or taking them out for a surprise lunch or dinner date.
- If you are active in community organizations, such as the Lions Club, Rotary Club and others, get involved in planning a special activity to honor National Senior Citizens Day in your community.

As we take the time to become more involved with our senior loved ones and seniors in our community, we begin to realize what a treasure they are. The United Nations International Plan of Action on Aging said it best when they wrote:

A longer life provides humans with the opportunity to examine their lives in retrospect, to correct some of their mistakes, to get closer to the truth and to achieve a different understanding of the sense and value of their actions. This may well be the more important contribution of older people to the human community. Especially at this time, after the unprecedented changes that have affected humankind in their lifetimes, the reinterpretation of life – stories by the aged should help us all to achieve the urgently needed reorientation of history. 🌱

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Cushing's Disease in Dogs

By **Dr. DiBenedetto**, *ThumbPrint News* Columnist



Cushing's disease, also known as Hyperadrenocorticism, is a condition that results from overproduction of the body's natural steroid hormone called glucocorticoid or cortisol. This process is controlled by two hormone producing glands in the body. The pituitary gland in the brain produces a hormone called ACTH. That hormone then stimulates the adrenal glands that are in the abdomen close to the kidneys to produce the cortisol hormone. Cortisol helps the body respond to stress. It is necessary for life and impacts a wide variety of bodily functions, including blood sugar levels, fat metabolism, skeletal muscles, kidney function, nervous system, cardiovascular system and the immune system. Cushing's disease develops when something goes wrong either in the pituitary gland or the adrenal glands and excessive amounts of glucocorticoid are produced.

Cushing's disease is considered a disease of middle age and older dogs and cats, but appears much more commonly in dogs. Roughly 80% of cats that have Cushing's disease also have diabetes mellitus at the same time. Cushing's is a very complicated disease with a wide range of symptoms. Dogs with Cushing's disease can have multiple different symptoms and not all dogs will have all of the same symptoms.

Common symptoms of Cushing's disease include: increased drinking and urination (polydipsia and polyuria), increased hunger, abdominal enlargement or potbellied appearance from a combination of an enlarged liver and weaker abdominal muscles, muscle wasting, recurrent urinary tract infections, thin skin which is prone to infections, thinning hair coat, increased panting and lethargy. Some dogs develop a skin condition called Calcinosis Cutis, which is the deposition of excess calcium in the dermis due to the increased cortisol levels in the body.

Cushing's disease may be suspected based on clinical signs and changes in blood

work, but it can be very difficult to diagnose. There are several tests that can be performed to help to diagnose or rule out Cushing's disease. A complete blood count, a general chemistry profile and a urine cortisol:creatinine ratio are all considered screening tests. Occasionally having an abdominal ultrasound done to look at the liver and adrenal glands can help with diagnosing. The next step is to run either a low dose dexamethasone test or an ACTH stimulation test to measure the overall cortisone level in the body. None of the diagnostic tests used in pets with suspected hyperadrenocorticism are totally reliable, and both falsepositive and false-negative results are common.

Treatment depends on the type of Cushing's disease, as well as on the overall health of the patient. As many dogs with Cushing's are elderly and may have concurrent health problems, treatment can be complicated. The comfort of the patient as well as control of the clinical signs are the ultimate goal in treatment. A dog can live an active, normal life with medication to treat the condition, though they will need treatment for the rest of their life. Once treated, you can expect symptoms of Cushing's to resolve over the course of four to six months. Excess drinking and urinating abate quickly, but it may take several months for haircoat improvement to be observed. Dogs generally are more comfortable after the disease is under control and may live happily for years. 🐾

Editor's note: Dr. DiBenedetto is a veterinarian at Maple Veterinary Hospital located at 2981 Iowa in Troy, Michigan. The hospital website is: www.mvhvet.com. Dr. DiBenedetto can be reached at (248) 585-2622 for other pet-related questions.

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COTTAGE LIVING

By Pamela Grey-Pugliese
ThumbPrint News Columnist

With this beautiful Michigan summer weather still being enjoyed, something that I have gotten used to in the past four years is that since I try to drive up north every weekend, other chores and things on my "to-do" list here at my city home seem to be pushed back or sometimes even neglected!

I'm okay with that, because our summers are too short anyway! I guess it's the price I pay for having a seasonal home. The grass cutting, laundry and other odds and ends will still be at the house waiting for me when I arrive back home after a weekend at the cottage. When I am half-way at my cottage destination, I still get excited that I have at least two or three days to relax, enjoy Lake Huron and be around nature. When I arrive and insert my key into the cottage door, I already start to relax and enjoy even unpacking the car!

With so many festivals, local town events and happenings in the summer, I plan on and try to hit at least one on

the weekend. I enjoy socializing with the neighbors and locals that live in the area as well! I love how friendly everybody is and not a car goes by without a wave of the hand.

There are times, however, when the chaotic work schedule gets crazier than normal during the week and a quiet weekend is my first order of business. A good book, a beverage and a lawn chair by the lake is all I want or need during those times. It's amazing how rested one can feel after a quiet weekend at the cottage. But there are times when a good BBQ, music, sunshine and great company are just what the soul needs too!

That's the beauty of owning a summer cottage; the choice is yours! You never know what the day brings once you're up north. I haven't really vacationed anywhere other than the Thumb area for four years now; that may change in the future, but sometimes I just can't seem to get enough of my cottage and the lake at this time. Enjoy the remaining summer months in beautiful Michigan! 🌿

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LETTERS TO THE EDITOR

In July's edition of ThumbPrint News, we printed the following letter and photos requesting help from our readers:

Dear Editor,

I do not know what these two objects are. They were found at the south end of Harsens Island. I asked several people and no one knows. Can any of your readers help me out?

Cathy McCaffrey
Marysville, Michigan



We recently received a letter from one of our readers, who hopefully solved this mystery:

Dear Editor,

Those objects are bottle caps that they used years ago on whiskey or wine bottles. Originally, on the bottle two pieces of wire were put over the cap, one one way and the second over the other, with the ends of the wire twisted around the neck of the bottle to secure the seal. Bootleggers used those a great deal.

I hope this helps Cathy McCaffrey.

Larry VanOverbeke
Clinton Township, Michigan

Dear Editor,

I cannot tell you how much I love your paper. We picked it up when we were at a restaurant a couple of years ago just for something to read, and became engrossed in the history and heartfelt stories that appeared before our eyes.

We live in Troy, and don't often see *Thumbprint News* around here, but were pleasantly surprised when we saw it at Chickpea Kitchen a few days ago. I saved it until I got home, and just this lovely Sunday morning, I took it outside, put *The Free Press* aside, and enjoyed reading stories that made me think about other things in life than those that are so stressful today.

I thought about my father, who also passed away six years ago, and all that he taught me. All of those good things that shape us, like a first job that was described so lovingly. I thought about an old friend who is turning 60 today, and how the best antiques really are old friends. I learned about Romeo and a focused family that created a business that thrived and brings so many such enjoyment. I learned about the Spanish American war, a part of our history I never took the time to learn about...and I feel the same "up north" joy every time we gaze out on Lake Michigan, drive M-22, or just quietly sit in amazement at the beauty.

I am actually only halfway through the paper and decided to stop and write this.

Thank you for your quality writing and for making us think and feel and reflect on our lives when we read a newspaper. To the *ThumbPrint News* staff, job well done...looking forward to your next issue!

Gail Peedle
Troy, Michigan

Dear Editor,

I received the copy of *ThumbPrint News* containing the story about my home in Marine City titled "Florida in Marine City". Thank you for running the article. I hope many in the area will be able to view and enjoy viewing the design and flavor of the home.

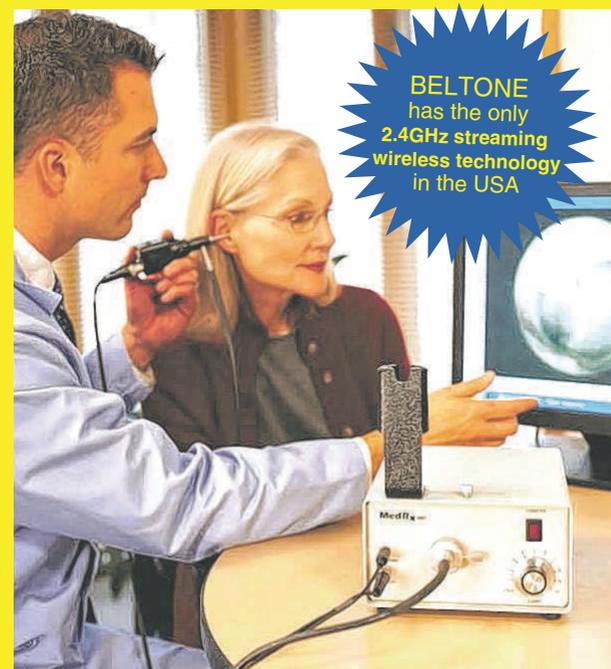
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HOUSE FOR LIFE

By Paul Welch, *ThumbPrint News Columnist*

Summer has been so hot so far that I am going to tackle indoor projects. Electricity is an amazing discovery and a very important part of our lives. Society itself depends on it and looks for environmentally friendly ways to generate it. Whether it is for light, cooking or entertainment, we love electricity. This is why it is important to keep switches, outlets and light fixtures working in our homes. Here are some electrical concepts to help you keep the power.

Shocking – Electricity is nice as long as it stays in the wires. When it passes through our bodies, the experience is less than pleasant. This may seem obvious, but turn the power off when working with electrical wires. Yes, it is possible to do it with the power on, but unless you are a skilled electrician, turn the power off. Go to the breaker box, which is hopefully labeled, and turn off the breaker that powers what you are working on. If you have an old fuse box still, pull the fuse. Better safe than electrocuted.

Where do the Wires Go – When you remove a switch, outlet or other electrical fixture, make sure you note which wires went where. If you don't, you may end up guessing and have a wire in the wrong spot. This could lead to a switch not working like it should or at all, tripping a breaker, or blowing a fuse. For outlets, there is a tester you plug in to make sure it is wired correctly. One way is to use colored tape to keep track of the wires or tape together wires that go to the same connection. Using a smart phone to take a picture can also help keep track of what goes where.

Which Switch is Which – The job of a switch is simple; it turns the power off and on. Switches come in three main types. Single pole switches are used when only one switch operates a fixture. The placement of wires is not too crucial as long as power goes in one side and out the other.

Three way switches are used to turn power on or off at two locations. It is important to wire these correctly. They have three screws; one screw is for power coming in and two are for power coming out on one side. The wires from the two screws of the

same color on the first switch connect to the same two screws on the second switch. What was the power in screw on the first switch is the power out screw on the second switch that goes to the fixture. The screws are color coded to tell them apart.

These Three Words – Three words when referring to wires are very common. These are hot, neutral and ground. The hot wire is the power source and is where the power comes from. Black and red wires are hot wires. Neutral wires carry power back to the source. These wires are going to be white. Ground wires protect people by giving electricity an easier path to travel to the ground if there is a short. In household wiring, this is usually bare copper, though some fixtures have a ground wire that is green coated.

Finally, you have four-way switches. These are used when you have three or more switches. They have four screws that are two different colors. They are wired between two three-way switches. Two screws are the power coming in and two screws are the power coming out. All switches have a green screw for connecting the ground wire. For more information about wiring these switches, look up a wiring diagram online.

Plug It In – Outlets allow us to tap into the power in our home for light, preparing food, charging our phones, power our computers and using many things requiring electricity. The “hot” wire with power coming in will connect to one side and the other side is power going out. A plug-in tester lights up to indicate if you connected the wires properly and if the plug is still good. Two common types of plugs are standard outlets and GFCI (Ground Fault Circuit Interrupt). GFCI outlets are used in bathrooms and kitchens where water is commonly used. Their job is to cut power if moisture gets to the electricity, which keeps you from getting a nasty shock.

So Many Numbers – Outlets and switches and many other things with electricity have numbers on them. The two most important to note are voltage and amperage. Common household lines are usually 120 volts and 15 amps. In this case you want to make sure your wires, switches, outlets and

fuses or breakers are for a 15-amp line. Wires are the only thing not clearly labeled as to how many amps they can take. Use 14-gauge wire for 15-amp lines. Sometimes you have 20-amp lines, in which case you would use 12-gauge wire and make sure everything is rated for 20 amps. Never use something not rated for the line it is being used with. A 20-amp breaker may work on a 15-amp line, but it will not trip when it is supposed to, causing a potential fire hazard.

Who You Gonna Call – If you are not sure if you can handle the job,

call a reputable licensed electrician. Electricity can be dangerous to deal with and electrical repairs should not be taken lightly. Approach the job with caution and know when to call a professional. I encourage do-it-yourself projects, but I also encourage knowing when to pass the torch to someone else.

I hope your summer has been good so far. Enjoy the heat because winter will come soon enough, bringing cold and snow. Be safe and have fun. Next month I will give some advice on some outdoor projects. 🌱

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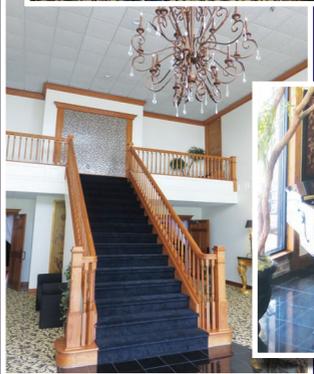
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- 01.** ON THIS DAY IN 1893, A MACHINE FOR MAKING SHREDDED WHEAT BREAKFAST CEREAL IS PATENTED.
- 02.** ON THIS DAY IN 1790, THE FIRST U.S. CENSUS BEGINS, ENUMERATING THE POPULATION.
- 03.** ON THIS DAY IN 1807, THE TRIAL OF AARON BURR BEGINS. HE IS ACCUSED OF PLOTTING THE SECESSION OF NEW ENGLAND.
- 04.** ON THIS DAY IN 1790, THE REVENUE CUTTER SERVICE, THE PARENT SERVICE OF THE U.S. NAVY AND COAST GUARD, IS ORGANIZED.
- 05.** ON THIS DAY IN 1861, CONGRESS ADOPTS THE NATION'S FIRST INCOME TAX TO FINANCE THE CIVIL WAR.
- 06.** ON THIS DAY IN 1962, JAMAICA BECOMES INDEPENDENT, AFTER 300 YEARS OF BRITISH RULE.
- 07.** ON THIS DAY IN 1782, GENERAL GEORGE WASHINGTON AUTHORIZES THE AWARD OF THE PURPLE HEART FOR SOLDIERS WOUNDED IN COMBAT.
- 08.** ON THIS DAY IN 1925, THE FIRST NATIONAL CONGRESS OF THE KU KLUX KLAN OPENS.
- 09.** ON THIS DAY IN 1910, THE FIRST COMPLETE, SELF-CONTAINED ELECTRIC WASHING MACHINE IS PATENTED.
- 10.** ON THIS DAY IN 1975, DAVID FROST PURCHASES THE EXCLUSIVE RIGHTS TO INTERVIEW RICHARD NIXON.
- 11.** ON THIS DAY IN 1988, AL QAEDA FORMED AT A MEETING IN PESHAWAR, PAKISTAN.
- 12.** ON THIS DAY IN 1981, COMPUTER GIANT IBM INTRODUCES ITS FIRST PERSONAL COMPUTER.
- 13.** ON THIS DAY IN 1961, CONSTRUCTION BEGINS ON THE BERLIN WALL DURING THE NIGHT.
- 14.** ON THIS DAY IN 1987, MARK MCGWIRE HITS HIS 49TH HOME RUN OF THE SEASON, SETTING THE MAJOR LEAGUE HOME RUN RECORD FOR A ROOKIE.
- 15.** ON THIS DAY IN 1969, OVER 400,000 YOUNG PEOPLE ATTEND A WEEKEND OF ROCK MUSIC AT WOODSTOCK, NEW YORK.
- 16.** ON THIS DAY IN 1977, ELVIS PRESLEY DIES OF A HEART ATTACK IN THE UPSTAIRS BEDROOM SUITE AREA OF HIS GRACELAND MANSION IN MEMPHIS, TENNESSEE.
- 17.** ON THIS DAY IN 1978, THREE AMERICANS COMPLETE THE FIRST CROSSING OF THE ATLANTIC IN A HOT AIR BALLOON.
- 18.** ON THIS DAY IN 1914, GERMANY DECLARES WAR ON RUSSIA WHILE PRESIDENT WOODROW WILSON ISSUES HIS PROCLAMATION OF NEUTRALITY. EDISON RECORDS THE HUMAN VOICE FOR THE FIRST TIME.
- 19.** ON THIS DAY IN 2004, GOOGLE INC. STOCK BEGINS SELLING ON THE NASDAQ STOCK MARKET, WITH AN INITIAL PRICE OF \$85; THE STOCK ENDS THE DAY AT \$100.34 WITH MORE THAN 22 MILLION SHARES TRADED.
- 20.** ON THIS DAY IN 1960, USSR RECOVERS TWO DOGS, BELKA AND STRELKA, THE FIRST ANIMALS TO BE LAUNCHED INTO ORBIT AND RETURNED ALIVE (*SPUTNIK 5*).
- 21.** ON THIS DAY IN 2000, TIGER WOODS WINS GOLF'S PGA CHAMPIONSHIP, THE FIRST GOLFER TO WIN THREE MAJORS IN A CALENDAR YEAR SINCE BEN HOGAN IN 1953.
- 22.** ON THIS DAY IN 1956, INCUMBENT U.S. PRESIDENT DWIGHT D. EISENHOWER AND VICE PRESIDENT RICHARD NIXON ARE RENOMINATED BY THE REPUBLICAN CONVENTION IN SAN FRANCISCO.
- 23.** ON THIS DAY IN 1711, A BRITISH ATTEMPT TO INVADE CANADA BY SEA FAILS.
- 24.** ON THIS DAY IN 1894, CONGRESS PASSES THE FIRST GRADUATED INCOME TAX LAW, WHICH IS DECLARED UNCONSTITUTIONAL THE NEXT YEAR.
- 25.** ON THIS DAY IN 1830, THE "TOM THUMB" STEAM LOCOMOTIVE RUNS ITS FAMOUS RACE WITH A HORSE-DRAWN CAR. THE HORSE WINS BECAUSE THE ENGINE, WHICH HAD BEEN AHEAD, BREAKS DOWN.
- 26.** ON THIS DAY IN 1957, FORD MOTOR COMPANY REVEALS THE EDSEL, ITS LATEST LUXURY CAR.
- 27.** ON THIS DAY IN 1963, CAMBODIA SEVERS TIES WITH SOUTH VIETNAM.
- 28.** ON THIS DAY IN 1968, A CLASH BETWEEN POLICE AND ANTI-WAR DEMONSTRATORS DURING THE DEMOCRATIC PARTY'S NATIONAL CONVENTION IN CHICAGO TAKES PLACE.
- 29.** ON THIS DAY IN 1950, THE INTERNATIONAL OLYMPIC COMMITTEE VOTES TO ALLOW WEST GERMANY AND JAPAN TO COMPETE IN THE 1952 GAMES.
- 30.** ON THIS DAY IN 1976, TOM BROKAW BECOMES THE NEWS ANCHOR OF *THE TODAY SHOW*.
- 31.** ON THIS DAY IN 1949, SIX OF THE 16 SURVIVING UNION VETERANS OF THE CIVIL WAR ATTEND THE LAST-EVER ENCAMPMENT OF THE GRAND ARMY OF THE REPUBLIC, HELD IN INDIANAPOLIS, INDIANA.



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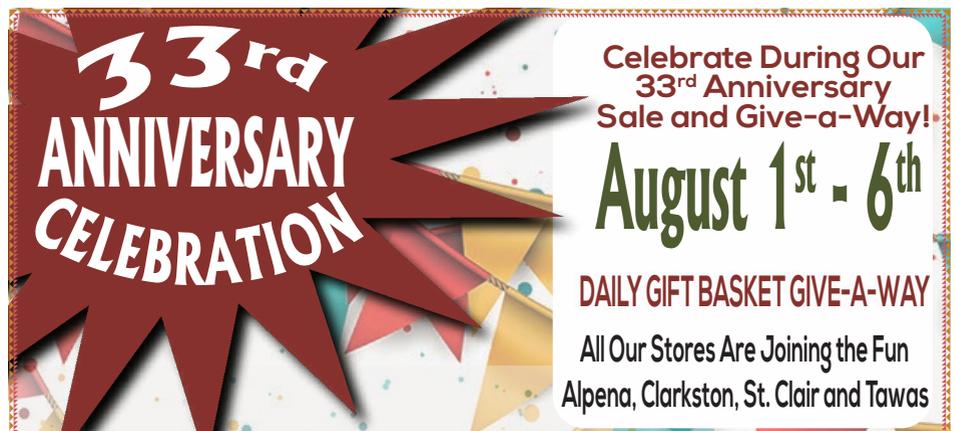
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MICHIGAN STONE assistance of ice and water, the "Mitten State" was shaped. *Continued from Page 1* When much of the world was covered by ice approximately two million years ago during the Ice Age, over a million years of glacier movement drug the fossils up to Michigan.

While a great deal is understood about how the prized fossilized rock arrived around the state, the story about where the name Petoskey came from is surrounded by much controversy - many disagreements also arise when discussing the correct spelling. In the Ottawa language, Petoskey is derived from the word *Pet-O-Sega* or *Petosegay*, which means *rays of the rising sun*. The legend begins in 1787, when a boy was born to an Indian woman and her husband who was a fur trader from France. The husband was soon accepted by his wife's tribe and took on the name *Neatooshing* - later becoming chief of the tribe. Their son was said to be born as the sun was rising, which led his father to name him Petoskey, who eventually took over duties as chief from his father; because the stone's fossils appear to be tiny rays of sun, it is believed this is why the same name was given to the stone. In 1873, a few years prior to Chief Petoskey passing away, a settlement began taking shape near Bear Creek Bay, which was named in his honor.



Statue of Petoskey overlooking Little Traverse Bay

The Petoskey stone became the official stone of Michigan in 1965 - Ella Jane Petoskey, the only living grandchild of Chief Petoskey, was able to attend the event. Today, the name Petoskey echoes throughout the "Mitten State" every year as warmer weather approaches and floods of people set out to search for our beloved state rock on Michigan's beautiful shorelines.



WHOOPS, WE GOOFED!

In the July edition of ThumbPrint News, David Odziana's article, "Caseville's Historic Offshore Gem" (which was about Charity Island) contained an error, which was brought to our attention by one of our readers, David Aho. The island was federally acquired approximately April 1, 1865, not 1856, as stated in the article, with an executive order signed by Abraham Lincoln fourteen days before he was assassinated. Thank you Mr. Aho for bringing that to our attention.

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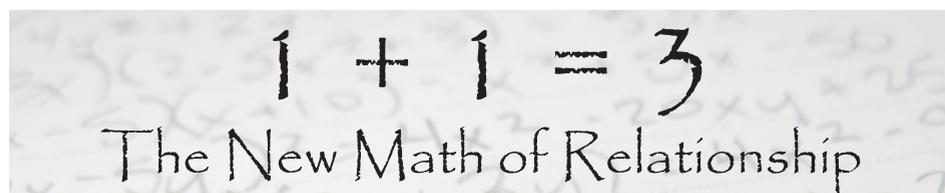
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By John Vincent Senkus

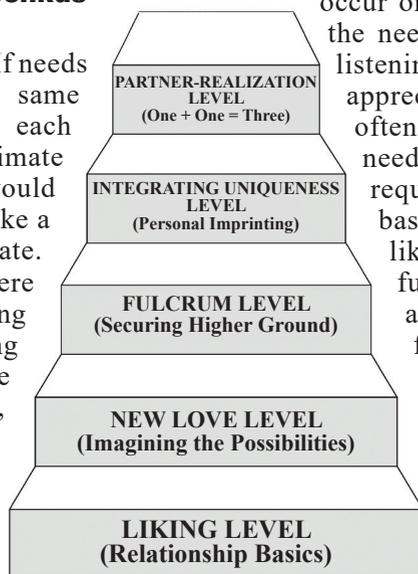
ThumbPrint News Columnist

Vive la différence! If needs manifested in the same way for all of us, each partner within intimate relationship would become very much like a cookie cutter template. Couples everywhere would be climbing the steps of evolving needs in just the same manner. But, since relationship never runs out of ways to create differences... that is something that we'll never

have to worry about! Despite this, it is precisely these differences that create the dimensions that add an additional palette of color and depth. However, there is a catch. When differences do come together, the elements of the unknown are also drawn in. Because we are all unique – what we need, how we need it, when we need it, and our ability to recognize and absorb these needs, will all differ – especially over time. So what you see and what you get, works only in the present. The ability to predict how two partners within intimate relationship will evolve is impossible, as there are just too many variables and interactions that cannot be foreseen. Fortunately, there are still general conditions and predictors for needs fulfillment that apply on a broad level to virtually all of us.

While our list of fulfilled needs (consciously and unconsciously) may be long, we tend to place our attention on those needs that we are currently trying to fill. These usually make the most “noise” and can become some of our loudest thoughts and strongest feelings.

Most needs will require maintenance – that is their necessity to be filled will occur on a routine basis. For example, the need to hear the words “I love you”, to feel appreciated, to communicate, or to receive a display of affection may



occur on a daily basis, while the need for space, engaged listening, or gestures of appreciation may be less often. Others, like the need for support, may be required on an “as needed” basis. Some needs like security, can be fulfilled transparently, as you don’t recognize feeling secure until something out of the ordinary makes you feel insecure (job loss, emotional event, argument, illness, traumatic experience, etc.).

This element of maintenance will impact how frequent previously satisfied needs will re-enter the “needs cycle”.

Usually, we cannot just “arrive” at the top or middle levels of relationship growth without starting at the bottom and growing through the lowest stages first (hence the stair step). Remember *The Law of the Harvest* principles. Because we may have “touched” upon a component of a higher level, doesn’t mean we have reached its destination. *Arriving at a level means we fulfill and experience most of its needs, most of the time.*

Needs (especially feelings) develop at an unconscious level. We do not pick and choose them. That is one of the primary differences between “needs” and “wants”. Needs are derived within the unconscious while wants are generated primarily on a conscious level. Needs are a necessity and wants are ultimately inessential. Unfulfilled needs equate to physiological, mental, or emotional deprivation and possible damage. Unfulfilled wants equate to a superficial lacking that imposes no harmful or impending deprivation. Bottom line, the fulfillment of needs is essential to growing while wants are not.

Overall, the core of the journey to partner realization consists of high attunement within our self and our partner. It’s getting in touch with what each of us are feeling (and

capable of feeling). This makes this passage an intimately emotional one – therefore, this places much emphasis on emotional and intimacy needs.

Depending upon the dynamics of the relationship, some needs will be easily satisfied, just through the natural exchange of each partner’s interactions. Others though may be difficult and frustrating, requiring ongoing work, dedication and perseverance. Remember, needs are usually much easier to “feel” than to fulfill.

Since we and our needs change over time, current relationship happiness doesn’t ensure future harmony (likewise, current unhappiness doesn’t ensure future disharmony either). Maintaining an equilibrium of relationship needs is an ongoing process.

The ideal proportion of relationship “giving and receiving” is a 50-50 mix between partners. But remember this is a best case average, so sometimes this potentially shifting mix might be 70-30, 80-20, or anything in between. When both partners do their best and carry their load, there is no need to keep score.

Do not base the success of your relationship on a comparison to others or their rules. What matters is how you each feel. Other opinions really don’t count. Just as a “true inner voice” unimpeded by the thoughts of others is a prerequisite for the passage to self-actualization, the same holds one hundred percent true for couples. What’s truly important is only what you both think.

George Bernard Shaw commented, “*Marriage is an alliance entered into by a man who can't sleep with the window shut, and a woman who can't sleep with the window open.*” And since growth is more likely within differences than sameness, keep these guidelines in mind as you integrate your individual and collective needs DNA into your relationship journey. Hopefully, you will get that window just right!

Thanks for reading! If you would like more information on the relationship stair step diagram, or have any questions or comments, please email me at land1equal3@gmail.com.

In our next column, we will examine additional factors affecting the manifestation of needs.

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GIFTS FROM THE DITCH

By Laura Irwin, *ThumbPrint News Staff Writer*

Roadside ditches offer more than just water drainage. Spring, summer and fall each present their own array of roadside beauty in a wide variety of wildflowers. We just don't pay them any mind as we drive by at 35+ miles per hour. The old adage, "stop and smell the roses," can and certainly does apply here. These overlooked beauties hold beneficial gifts that are being forgotten by most of us. From the humble stretch of rural gravel road in front of my house, I was able to put together this beautiful floral arrangement.



I gathered wild blue chicory, vibrant goldenrod (*Solidago*), fluffy Queen Anne's Lace, eye-catching Maximilian sunflowers, periwinkle New England aster clusters, a dash of daisy-like flowering spurge, red clover, pink thistle and dramatic dark brown curly dock.

As I sat enjoying my pretty bouquet, I started wondering if these wildflowers had any additional benefits. A quick look on the internet confirmed I was on the right path. I simply had to get a pen and paper to start writing this information down so I wouldn't forget it. Then, well, the information was so interesting, I thought maybe other people would like to know about these little beauties as well.

Here is a small portion of the information I gathered in my quest to learn more about the flowers growing in the ditches by my home.



The chicory greens can be used as salad greens (blanch to reduce bitterness) and offer a good source of fiber, vitamin A and beta-carotene. The flower has been used as a folk medicine (especially in Germany) to aid treatment of gallstones, gastro-enteritis, sinus problems and cuts and bruises. The roots can be baked, ground and used as a coffee substitute. It has been cultivated for over 5,000 years.

Goldenrod – known in floral shops as *Solidago* – is used in many floral arrangements. It produces very little pollen and all the species of this plant are safe and beneficial from root to flower. It is used to reduce inflammation from gout, joint pain and arthritis and can improve eczema and other skin conditions as well as heal wounds. It seems to act like a diuretic and is used in Europe to treat urinary tract inflammation and to treat and prevent kidney stones. The colonists called goldenrod tea "Liberty Tea". They drank it instead of black tea after the Boston Tea Party.



Queen Anne's Lace (aka wild carrot) has many culinary and medicinal uses. It has an edible tap root, but the leaves can irritate the skin. Besides the tap root to use in soups, stews and teas, the leaves and flower heads can be added to salads and the seeds can be used as a seasoning in soups. The seeds, when added to foods are reported to help prevent flatulence and were once used as a form of contraception. The flower heads can also be boiled and strained to make a jelly. (Be warned though, there is a deadly look-a-like called water hemlock, so unless you're absolutely sure, don't eat it.)



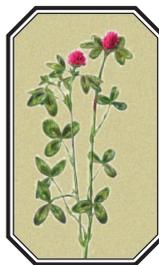
Maximilian sunflower is a good plant to prevent soil erosion, does well in low water situations and is beneficial to livestock and wildlife. Native Americans used this plant as a source of food, oil, dye and thread, while the pioneers planted them near their home to repel mosquitoes. The blossoms can be used in bathwater to relieve arthritis. The seeds can be eaten as a snack.

The New England wild aster attracts monarch butterflies, and the fresh flowers and leaves make a nice addition to salads. It can also be dried to make into a tea. A warm aster flower infusion can relieve colds, rheumatism, nervousness, headache, stomach pains, dizziness and menstrual irregularities. Eating the fresh flower blossoms has been reported to have a calming and relaxing effect; in other words, they will not help you get your "to do" list completed. Some tribes of Native Americans referred to it as "It Brings the Fall" due to its late blooming time. Repeated use of an aster tincture has proven beneficial in reducing asthmatic problems. It can also relieve a stuffy nose and congestion.



Flowering spurge should be used with caution. The daisy-like flowering spurge's milky sap can cause skin and eye irritation, but has also been used to get rid of warts. The sap should not be used unless you know what you're doing because it is easy to overdose and become poisoned. The leaves can be used in tea as a very strong laxative, as an emetic and to relieve rheumatism. A root poultice was once used to treat snakebites.

Red clover flower tea and tablets have been used medicinally to treat cancer, whooping cough and respiratory problems. Ointments with red clover flower can improve skin irritations. It can help clear the lungs of mucus, improve circulation and cleanse the liver. It also has been proven to relieve menopausal symptoms. Red clover also contains calcium, chromium, magnesium, niacin, phosphorus, potassium, thiamine and vitamin C.



Milk thistle is a prickly plant that is often not very well liked, but anyone with a liver problem can benefit from ingesting milk thistle. It is also reported to lower cholesterol. The leaves can be consumed raw or can be dried and made into a powder to be added to liquid before consuming.

Curly dock, a rhubarb relative in the buckwheat family, can be used as a wild leaf vegetable. They are tart due to high levels of oxalic acid and should be eaten in moderate amounts. It is rich in vitamin A, protein, iron and potassium and can be used to treat anemia. It is not good for livestock.



Given my amateur (defined as "not professional") status at plant identification and their medicinal qualities, I apologize if any of the plants I've discussed are known to you by another name and for my lack of how to properly prepare them for use. I can only encourage you to explore the gifts of the ditches and harvest them, if only for their beauty alone! 🌿

Editor's note: The information provided above is purely provided for the reader's enjoyment and possibly to peak interest in further research into the uses of wild plants. Disclaimer: This page presents a description and history of the medicinal uses of these plants. The intention is not to provide specific medical advice. You should consult your personal physician before taking any form of medication.

Tourist Destinations

Crossword Puzzle

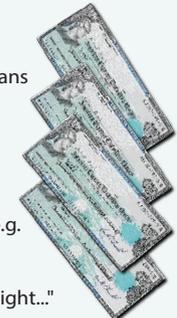
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71							72			73			

ACROSS

1. India's first P.M.
6. *Lake Geneva or ____ Léman to the French
9. "The Fame Monster" Lady
13. Soft single in baseball
14. Go wrong
15. Like Al Yankovic
16. Goes with a dagger?
17. ____ bum, found in mountains
18. Pavlova and Karenina
19. *Bourbon ____ in New Orleans
21. *The Smithsonian, e.g.
23. Questionnaire check box
24. Table hill
25. "____ to the Bone"
28. *You spend it in Acapulco
30. Manual calculator
35. Shade of beige
37. Grub
39. "That is," Latin
40. High or low cards
41. Echo sounder
43. Month of Purim
44. Violent collision
46. Spanish earthen pot
47. Jesus' first guests?
48. "Pollock" actor Ed
50. Varieties
52. Workout unit
53. Leave at the altar
55. Mama sheep
57. *Versailles or Buckingham
60. *London or Golden Gate
63. It is often wreaked
64. Lungful
66. Liveliness
68. Smart ____
69. Old French coin
70. Mideast V.I.P.
71. Jamaican rub
72. QB exclamation
73. Schoolmarm's whip

DOWN

1. Major network
2. Building extensions
3. Owl's talk
4. Woman's cries, according to Helen Reddy
5. Homeowner's concern
6. "____ we forget"
7. Genesis vessel
8. C in CSI
9. Kind of pool
10. Hokkaido people
11. One thousandth of kilogram
12. Publisher's revenue source
15. *Popular condiment when dining in Tokyo
20. Golden parachute recipients
22. *Disney World is among its most popular attractions
24. Like light of full moon
25. *Keys attraction
26. Capital of Ghana
27. Dismal
29. "Go away!"
31. Original rib owner?
32. Mothball substitute
33. Data ____
34. *The ____ in Las Vegas
36. It was Brezhnev's domain
38. *China has a great one
42. Autumn laborer
45. Steal a plane
49. "____em!" to a dog
51. Extreme agitation
54. Fido's restraint
56. Swelling of human organs
57. Not sun-kissed
58. Affirm
59. Key receiver
60. Very dry
61. Increased in size
62. December 24 and 31, e.g.
63. Pilgrimage to Mecca
65. Promise to pay
67. "____ he drove out of sight..."





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ThumbPrint News Travels to South Carolina, this time with Lake Orion resident, Grant Bratton!

Hi,
Every other year we go on a spring break trip to Seabrook Island, South Carolina. We love the beaches, Bohicket Marina and going into Charleston to see the historic city. I took this selfie picture with your paper in the morning, waiting for the sunrise behind my in-laws' Sea Loft Villa that they invited us to stay with them in. We love the historical Michigan articles in your paper! Thanks and have a great day!
Grant Bratton



Did You Know?
Shaped like a triangle, South Carolina's land area of 30,109 square miles (48,460 sq. km.) makes it the 11th smallest state in the nation and the smallest state in the Deep South. It would fit inside Alaska, the largest state, 21 times.



For the many years that *ThumbPrint News* has been in circulation, our faithful readers have traveled with the newspaper and photographed themselves in many different states and countries. *ThumbPrint News* has even traveled to all seven of the continents. Our goal for 2016 is to have *ThumbPrint News* travel to any remaining states where it has not yet been photographed.

We are asking our readers to help complete our list of 50 states. If you are traveling to one of the states listed below and to the left, please take a copy of the newspaper with you and photograph yourself somewhere in that state and send it to us with a paragraph or so about your travels. We will print it in a future edition of *ThumbPrint News* and will send you a complimentary copy. Or, if you have a friend or relative in one of those states, send them a copy and let them take a picture and send it in. We need high quality .jpg photos, which can be emailed to ThumbPrintNews@comcast.net. We would like to be able to say that we have traveled to all 50 states by the end of 2016! Please help us in our quest.

ThumbPrint News still needs to travel to **ONLY NINE MORE STATES** to meet our goal: AL, AR, CT, DE, IN, NH, OR, RI and VA. (Observant readers may note that almost a dozen states have been removed from the list since the last edition, since our faithful readers have submitted pictures for those states that will appear in future editions.)





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No one correctly answered question #32.

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Question #32

Why were the little X's that British sailors used to signify kisses banned in letters to sweethearts?

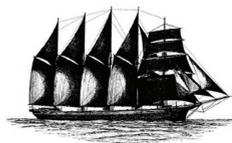
Answer to #32:

Because the Admiralty thought the X's might be used as code words.

Maritime Trivia Question #33

In the days of sail, why were the decks, gun ports and bulwarks of fighting ships painted a bright red?

Email your guess to marineart@jclary.com



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L E W I S C A S S

By William Easton, *ThumbPrint News* Contributor

The Cass River flows through the Thumb, Cass City is a modestly populated Tuscola County village, and elsewhere there is Cassopolis, which is the seat of Cass County. A prestigious Detroit high school, Cass Technical, is located in the historical Cass Corridor. The original building was constructed by Albert Kahn's firm on land donated by Lewis Cass. But just who was this Lewis Cass, whose name is remembered in Michigan?

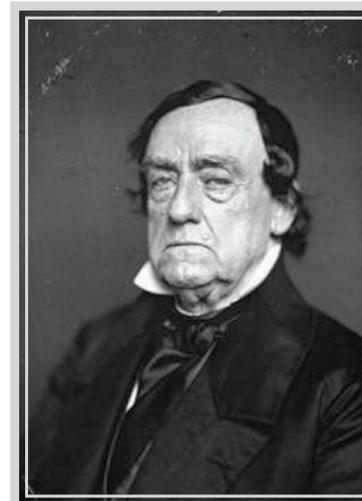
Lewis Cass (1782-1866) was Governor of the Michigan Territory from 1813 to 1831. He held many important state, national and international positions, probably more than any other Michigander, although Frank Murphy might rank second with that honor. Yet, I could find little current literature about this prominent 19th century man.

Now in the 21st century, we have seen a native son, Willard "Mitt" Romney, run for president after a term as Massachusetts' governor. His father, George Romney, resigned as Michigan governor to join President Nixon's cabinet following withdrawal from the presidential race. Of course, Gerald Ford from Grand Rapids became our first unelected vice president and president. I have written previously about Thomas Dewey, Owosso native, who ran twice unsuccessfully for that highest office.

So, what should we know about this career active military and political leader, Lewis Cass? Like Dewey and Romney (son), he also was defeated on a presidential bid, after twice failing to get his Democratic Party endorsement. As many of the state's early leaders, Cass was a New Englander. He came to Michigan by way of Ohio. His father served with General Washington in the Revolutionary War. The son, Lewis, after an exclusive private school (Phillips Exeter Academy) preparation, had an impressive military career in the War of 1812. His Ohio Company participated in the Battle of the Thames and he rose to the rank of Brigadier General. Thankfully for his career, he was not present when his superior officer, General William Hull, surrendered Fort Detroit, for which he was court-martialed.

Although Cass was a lawyer and state representative in Ohio, presumably his military record influenced President James Madison to appoint him Governor of the Michigan Territory in 1813. This was not a "desk job"; administrative duties were handled by three appointed secretaries. He was both military and civil administrator. Cass traveled extensively, attending to his personal business, as well as overseeing the far flung lands beyond the Old Northwest Territory. The present states of Michigan, Wisconsin, Iowa, Minnesota and North and South Dakota were under his jurisdiction. Thus, he led an expedition into Minnesota to locate the headwaters of the Mississippi River in order to establish the still unclear boundary with Canada. Although this expedition incorrectly named one lake as the river's origin, it was corrected later. Nevertheless, through a survey misunderstanding by both parties, the exact boundary wasn't finalized until well into the 20th century.

See LEWIS CASS Page 17



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- 08/10 Wed **Greektown Casino** - (pkg \$30) \$27
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- 08/14-08/15 **Little River Overnight** - (\$70 pkgs) \$104
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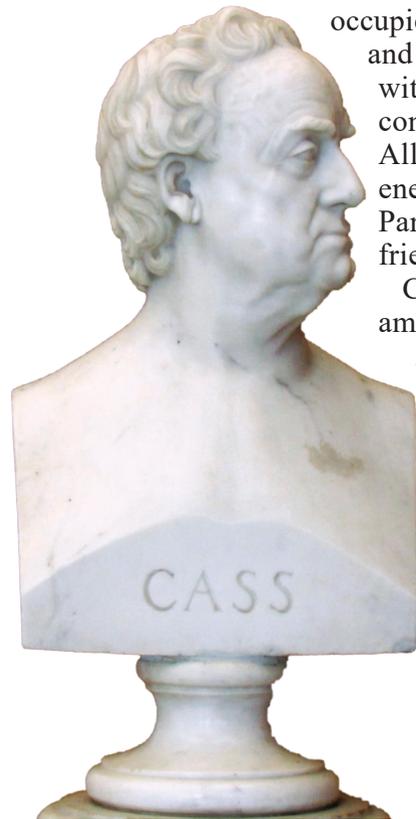
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LEWIS CASS, Continued from Page 15 Territorial Governor Cass negotiated treaties with Indian tribes that resulted in the ceding of much valuable land to the U.S. Later, as Secretary of War under President Andrew Jackson, he was instrumental in carrying out the announced policy of moving the natives west of the Mississippi River. In a long magazine article, Cass rationalized the forced move as the only way to preserve their lifestyle against America's "Manifest Destiny". However, they had never recognized individual land ownership, seeking only to preserve traditional hunting and fishing areas for the tribes. Cass is quoted as saying that the Indians were just "temporary residents" of the Green Bay area.



Prior to leaving office after two terms, Jackson named Cass Minister to France. That was a prestigious position, previously occupied by the likes of Benjamin Franklin and Thomas Jefferson. Even after two wars with the British, their superior naval force continued to attack our fledgling fleet. Alliance with France, perpetual British enemy, was important. Cass remained in Paris for about six years, sustaining that friendship.

Cass opposed a multi-party compact among England, France, Prussia, Russia and Austria because it allowed searches of ships to enforce prohibitions against slave trade – still allowed in the U.S. He wrote long magazine articles and a book explaining French government to the new nation.

FAILED PRESIDENTIAL ATTEMPTS:

1. Lewis Cass sought the nomination of the Democratic Party in 1844, losing out at the National Convention to James Polk on the NINTH BALLOT!
2. In 1848, he won that party's endorsement, but lost the election to

Zachary Taylor, a popular hero of the Mexican War. Former president Martin Van Buren split from the Democratic Party over the question of extension of slavery into territories, especially the new state of Texas. Although finishing third, he probably took enough votes from his former party's candidate to allow the war hero to prevail, despite Cass's much longer record of public service.



Grave of Lewis Cass in Elmwood Cemetery

3. In 1852, he lost his party's nomination to Franklin Pierce, who went on to beat another popular general, Winfield Scott.

Lewis Cass's support of the popular sovereignty policy, which allowed each new state to decide its slave policy, in accord with the South's influence of his party, probably cost him the presidency. The Abolitionist faction had separated from the traditional Jeffersonian Democrats. By 1860, the Whigs had been replaced by the new Republican Party founded in Jackson, Michigan, and its nominee, an obscure Illinois "Rail splitter", prevailed over three more prominent opponents.

After returning from France, Cass had served two separate terms as Michigan senator, selected by the state senate, before the 17th Amendment's popular vote. He was Secretary of State in President Buchanan's cabinet. Throughout his national career, he pushed for expansion west, retaining his enmity of the British, working to keep our northwest border at the 54th latitude, with the slogan "54 40 or Fight".

Lewis Cass, a general, territorial governor, twice cabinet secretary, diplomat, twice U.S. Senator, and defeated candidate for U.S. President, spent about fifty years in public service. He died in Detroit in 1866. Flags were flown at half-mast and he was buried in Elmwood Cemetery.

With this knowledge of its namesake, it might be worth the drive up to Cass City, on M 53 (Van Dyke) and just a few miles west on M 81. You could learn more of its history at the Rawson Memorial Library or just paddle the Cass River towards Saginaw Bay. 🇺🇸

"People may doubt what you say, but they will believe what you do." - Lewis Cass



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THUMBPRINT NEWS CONTEST

Each month, *ThumbPrint News* prints a photo of an object, person or a place for our readers to identify. If you think you know the answer, visit our website at www.thumbprintnews.com and enter your answer. Of all persons submitting the correct answer by the 15th of the month, one person will be randomly selected to be entered into a drawing for a wonderful surprise gift at the end of the year! On December 16, 2016, one winner will be drawn out of all the monthly winners and the lucky person will be notified.

For our July contest, we asked our readers to identify what the object to the left is and for what it is used.



Of all of those submitting the correct answer, Joyce Kotsko of Port Huron, Michigan, was randomly chosen to be entered into the year-end drawing. Joyce identified that this object is the fruit of *Monstera deliciosa*. (By the way, our number one incorrect guess that was sent in by many was that it is a green pinecone – which we must admit it does resemble.)

Monstera deliciosa is a species of flowering plant native to tropical rainforests of southern Mexico, south to Panama. It has been introduced to many tropical areas, including Florida. As the plant ages, it develops holes in the leaves, earning it the name of Swiss Cheese Plant.

Although it is grown as a houseplant in northern areas, in tropical areas it

becomes a very large, sometimes invasive plant, trailing high up into the treetops. The object pictured is the fruit of *Monstera deliciosa*, which, when properly picked and prepared, tastes like a combination of pineapple and banana. However, the leaves, stems and unripe fruit of this plant are poisonous. There is a great video on YouTube showing more about the preparation of the fruit for consumption. The link is:

https://www.youtube.com/watch?v=MfN8_vqCMWk

For our August contest, we are asking our readers to identify both the common name and the botanical name of the flower shown to the right and also what makes this plant so unusual. Remember, go to www.thumbprintnews.com if you know the answer.



Good luck!

Thumb Birds are a Special Kind of Snowbirds!

By Diane Kodet, *ThumbPrint News* Editor

If you would like to join our Thumb Bird group, the only requirements are that you live or have lived in one of the nine counties that *ThumbPrint News* covers (Genesee, Huron, Lapeer, Macomb, Oakland, St. Clair, Sanilac, Tuscola or Wayne) and that you now spend either part or all of the year in Florida. We get together once in winter in Florida and once in summer in Michigan to socialize and enjoy a wonderful pot-luck lunch or dinner together. If you are interested, please send your name, addresses in both Michigan and Florida,

and your phone number in both places to ThumbPrintNews@comcast.net. Once we receive that information, we will welcome you to the Thumb Birds and send you an invite to our upcoming get-together in August in Michigan. Note: If you are currently a Thumb Bird, you should have received an invitation by email to our August get-together; if not, please send your current email address to ThumbPrintNews@comcast.net and we will get a copy out to you right away.



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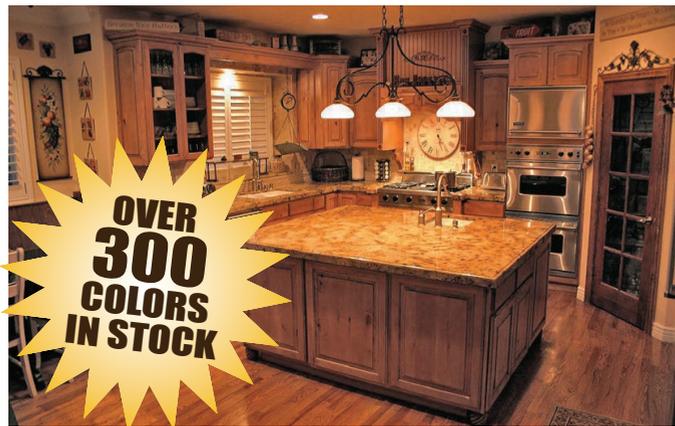
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DRYDEN, Continued from Page 1

name "Richmond," but that name was taken by another community in Michigan. Amboy, Dunham and Dryden are all old English place names and surnames. The name Lomond is Scottish and is the name of the largest lake in Scotland, Loch Lomond.

However, another version of the Lomond name states that it was a misprint and was originally supposed to be the name of "Lober," the surname of a land speculator in the area.

The Dryden settlement was at first located at Hollow Corners and Mill Road, which is about a mile north of its present location at Dryden Road (Main Street in the village limits) and Mill Road. The second location was originally known as "South Dryden." The years 1835 to 1840 were a growth period for Dryden, with the voluminous lumber in the area used for building and even for currency. Lumber would be worth from \$4 to \$8 in trade, while a shingle was usually worth a dollar.

In 1840, Jonathan Sweet, the largest land owner in the area, opened a general store and operated it until 1847, when he sold it to John M. Lamb, the first supervisor of Dryden. The area was referred to as "Lamb's Corners" in his honor.



John and Elizabeth Lamb (He went on to serve two terms in the state legislature.)

The settlement grew to include two blacksmiths, a millinery, a tailor, a soap factory, a broom and ink factory, a wagon shop and a tin shop. In the "Parker Block" on Mill Street was an apple dryer and cider mill. By 1840, the population of Dryden was 807.

The community known as "Look's Crossing" was a short distance from Dryden's original location. It was named for Deacon Elijah Look, who settled in the area in 1836. Look's Crossing had a post office from 1841 to 1846, when the post office was transferred to Dryden.

In 1849, the Maynard brothers built a flour mill at Mill and North Street. It burned down in 1870, and wasn't rebuilt. Sanford Maynard had sold out to his brother before the fire and built the first hotel and first blacksmith in town. He operated both businesses until he closed



Dryden depot in early 1900s, courtesy of the Dryden Historical Society

them and moved to Washington Township in Macomb County.

In 1854, E.H. Baker built the second hotel in town, the Dryden Exchange, at the corner of Mill and Main Street. In

1874, Dryden's population was 1,669 and the third hotel in Dryden, the Twin Elms House, opened. In 1877, Dryden was officially incorporated as a village.

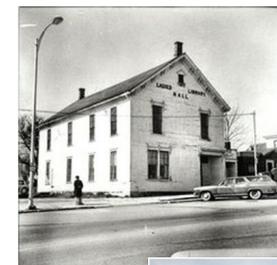
The first railroad to come through Dryden was the *Pontiac, Oxford and Port Austin Railroad* in 1883. The townspeople, led by the Ladies Library Hall Association, contributed \$11,000 to the railroad line to construct tracks through the village. The *P O & N* built a depot in the village. In 1910, the train line was absorbed by the *Grand Trunk Railroad* and operated until the 1970s.



Dryden depot 1970s

In 1979, the depot was moved to Main Street and Railroad Street and in 1981, opened as a museum. It was given a historical plaque in 1985. The plaque states that on October 3, 1883, the first train chugged into town and the town held a giant celebration. There were "500 spectators, the Thornville cornet band, and a cannon" to welcome the train.

In late 1888 and early 1889, a large group of people from the southern Michigan counties settled in the southwest part of town. They were, with only one or two exceptions, members of the Whig political party and their locality



Ladies Library Hall, circa 1960s, courtesy of the Dryden Historical Society



The Library Hall today is the Dryden Township Library. Photo by Alan Naldrett.

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was called "Whigville." (The Whig political party was the forerunner of the Republican Party, which had origins in Jackson, Michigan.) This part of town died out and most of the people are buried in Whigville Cemetery, located on the west side of Dryden.

The Ladies Library Hall Association has the second of the town's three historical plaques. The Ladies Library Hall Association was established in 1871, to provide library services to the community.

The third plaque is at the park and former home of Major General George Owen Squier, at 4725 South Mill near Casey Street, a half-mile south of the village. Major General Squier was born in Dryden on March 3, 1865. His grandfather Ethan was one of the first settlers in Dryden.



Major General George O. Squier, courtesy of Wikipedia

Gen. George Squier graduated from West Point Military Academy in 1887, and in 1893, earned a Ph.D. from Johns Hopkins. He taught at Dartmouth and wrote books and articles about electricity and radio. In the Army, he was the Chief Signal Officer of the U.S. Signal Corps and was the first military passenger in an airplane in 1908. He saw action in the Spanish-American War and World War I. He held many patents having to do with systems for the transmission and distribution of signals over electrical lines.

His most famous achievement was the invention of "Muzak," commonly known as "elevator music." In 1922, he formed Wired Radio, which used wires to pipe music into offices, elevators, etc., through a subscription service. He named it "Muzak" because he liked its similarity to "Kodak."

The site of the park was the summer home and later the retirement home

of Gen. Squier and was designated a "private park" while he was alive. Upon his death, it was designated a public park and named for him. On the park grounds is a three-story timber mill dating to 1871, a tea house, a wooden lookout tower, a cottage, and a large, single-story structure. A water slide has recently been added.

A little-known Dryden fact is that the actor Wally Cox, who was born in Detroit and graduated from Denby High School, owned a home in Dryden and would relax there between acting and television assignments. With his most famous roles as "Mr. Peepers" on TV and the cartoon voice of Underdog, he was also well-known as an actor in many 1950 and 1960 shows, including *Twilight Zone* and *Hollywood Squares*, and as the lifelong friend of Marlon Brando.



Wally Cox, courtesy of Wikipedia

His house, built by one of the Lamb brothers, was a large Victorian on Mill Street, south of the village limits. The basement was of cut stone, with huge beams in other parts of the house. There were seven fireplaces in all. Unfortunately, once Mr. Cox died, the house fell into disrepair and was demolished.

From 1953 to the 1980s, the Champion Home Builders, a national manufacturer of recreational buildings and mobile homes, had its headquarters in Dryden.

The Village of Dryden has a classic downtown and a depot museum, operated by the Dryden Historical Society, open on Mondays from 5:30 p.m. to 7:00 p.m. With great restaurants and a wooded, natural atmosphere, Dryden is worth the drive! 🇺🇸

Editor's note: Author Alan Naldrett would like to thank Jan Chisnel, Dave Keck, Lynn Lyon, and the Dryden Historical Society for their assistance with this story. Alan can be reached at alannaldrett@gmail.com.

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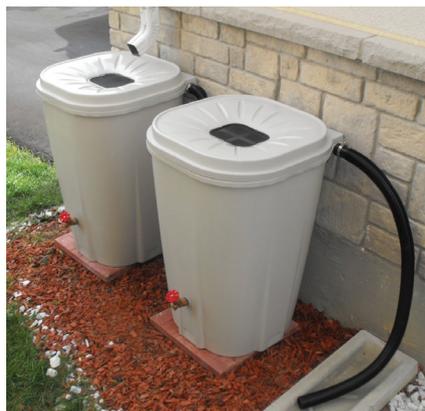
Submitted by Sheri Faust

The St. Clair County Health Department is holding a rain barrel sale. Rain barrels are containers that divert and collect rain water that otherwise would flow off a roof through gutters and downspouts and become storm water runoff.

The FreeGarden 55-gallon rain barrel is a \$150 value being offered for only \$70. The rain barrel is designed with the homeowner in mind; it comes fully assembled, is a neutral tan color, is easy to move, easy to install, and has the ability to connect more than one together.

With a rain barrel, homeowners can expect to save money by conserving water during the hot dry summer months, help prevent water pollution, store fresh water for lawn and garden use, and direct runoff away from foundations.

There is a limited supply of these rain barrels for sale. Residents can pay for their rain barrel(s) at the St. Clair County Health Department, Environmental Health Division, 3415 28th Street, Port Huron, Michigan 48060, or by calling, (810) 987-5306 or emailing: stormwater@stclaircounty.org. Cash, check and credit card accepted.



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MANIFESTING THE LIFE YOU WANT

By **Bairbré Ertzbischoff**, *ThumbPrint News* Guest Writer

Do you want to live a more abundant, fulfilled life? Living in abundance is something that escapes many people. There are a few reasons for this. First I believe most people are conditioned to being used to scarcity – always thinking there is not going to be enough. Enough money, enough time, enough resources... We are always preparing for a rainy day. While that is good when you have balance, too much of a “rainy day” outlook stops manifestation in its tracks. Abundance is different for each one of us. To some it might be a lot of money in the bank, a big home, the ability to travel the world. To another it could mean living a life in the woods in a self-sustaining patch of land. However, there is one thing that is not different: what abundance IS! Abundance means feeling safe and supported in your world without fear or anxiety. It really has nothing to do with the amount of money or possessions you have!

Being able to make a living at what you love or are passionate about is worth everything. Being able to have enough abundance to support you and your family, enough to be able to help others, and do things that make you happy, is possible! It's your right to have the means to do this! Free your mind from the limiting thoughts and feelings of lack that you have been trapped in. Manifesting abundance and a fulfilled life starts with one simple thing: GRATITUDE!

Expressing gratitude daily is the first action you need to take for the world of abundance to unfold. Being grateful automatically puts you in the position to receive more. When you are grateful for the life you already have, then you'll be able to manifest more. The way to do this is very simple. Everyday upon waking, before your feet hit the floor, take a little time to say thank you for the blessings in your life. Some people tell me, “What do I have to be thankful for?” To that I answer, your life! If you wake up in the morning, you have 24 hours to manifest a better reality! Sometimes being grateful for your loved ones might be all you have. Sometimes your pets, the sun shining outside your window, or the birds singing might be all you can muster. Awesome! That's a good start to getting in the habit of being grateful.

Gratitude taken a step further can be our greatest teacher as well. Being able to CLEARLY see the issues in life you face on a daily basis are actually wonderful chances for you to learn. I always tell people when you look at things as only a problem or a hurdle, that's in the way of manifesting the life you want, then change the way you think about them. This way you can more readily see what their true

lessons are. After you see the lesson you are meant to learn from that issue, you'll be able to express gratitude for it. Sometimes it's hard to weed through something to find that lesson, but don't worry; with practice, it gets easier. Dr. Wayne Dyer always said, “*Change the way you look at things, and the things you look at change.*” Use the things in life that crop up as learning experiences, and then BE GRATEFUL for those lessons! I know this sounds a bit strange, especially if you haven't done this before. But I promise when you do, life starts to become more magical. Things resolve themselves quicker. And when this does happen, you feel more relieved and are able to be grateful that lesson has passed. When you master that step, congratulations will be in order! You have then advanced a level in the manifesting game!

Every time you can express gratitude by saying thank you for what life has taught you, your ability to manifest is strengthened (which also raises your energy/vibration). This in turn automatically increases your manifesting abilities as well. When you are grateful for the life you have, and continue to find reasons to express gratitude in your daily life, abundance will become a more frequent visitor to your doorstep!

I will leave you with a wonderful quote by Henry David Thoreau that I hand out to my clients and customers: *“That if one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours. He will put some things behind, will pass an invisible boundary; new, universal, and more liberal laws will begin to establish themselves around and within him; or the old laws will be expanded, and interpreted in his favor in a more liberal sense, and he will live with the license of a higher order of beings. If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them.”*

In my next column I will explain how living “In Spirit” or “In Purpose” will take manifesting to a whole new level!

Namaste, and thank you for your time in reading this article. Any comments or questions can be directed to me at: Bairbrereiki1@yahoo.com

Editor's note: Bairbré Ertzbischoff is a Reiki healing practitioner and business owner of Bairbré Reiki in St. Clair County, Michigan. Her shop is a metaphysical/spiritual book and gift store (please see her ad on this page). She is currently working on her PhD in metaphysical sciences and will periodically be writing a new column for ThumbPrint News, "Living in Purpose".

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Gone but not Forgotten

By David Gillis
ThumbPrint News Columnist

Growing older has brought me to the realization that I am the victim of growing up. It has taken me many years to reach this understanding and is apparently something that happens to all of us. It

seems it is those things that I was so anxious to put in my past that I now remember clearly as being somewhat insignificant yet important tidbits in the shaping of my perspectives on life. That appears to be the case as I recall growing up in Algonac in the mid-1950s.

As I sat pondering a topic for this month's column, I began walking down "Main Street" in an older, possibly even lost downtown Algonac. I have mentioned in previous articles how bored I was with this small community on the banks of the St. Clair River. I was only five days out of high school when I found myself in Uncle Sam's Air Force, far away from the humdrum life in small town America. Now I find myself affectionately recalling the "small stuff" that really were foundational life skills.

In my journey down memory lane I pass Milt and Thelma Stringer's restaurant. I have written about this downtown iconic eatery in the past and of how every child in the local school visited it at least once each year. With a strong community spirit the Stringers compassionately brought each class of students to their lunch counter each Christmas week for a free bagged lunch and a visit with Santa Claus, or was it Henry Lake, or was it both? Anyway, what I remember the most about Stringer's is their great hamburgers. It is that sandwich by which I have evaluated every other hamburger I have ever eaten and have found none that compared to it. Unfortunately, Milt, Thelma and their memory-causing restaurant are gone now.

My mental walk through town takes me past Jake Cole's curbside gas station where only a single automobile at a time could be serviced. Jake's wife Helen was the well-liked and much-appreciated school nurse always ready to help a suffering student through a minor problem.

A few steps more and I find myself looking in the window of Mr. Bell's barber shop. I never knew his first name. He was, simply, "Mr. Bell" and was the first barber that struggled with my cowlick. Although he tried, he never solved that problem, but time did. There is no longer hair where the misdirected growth on my upper forehead was. It's gone now, as is Mr. Bell's barber shop.

Strolling a little farther, I pass Leroy's, a men's clothing and dry cleaner shop. This is where I purchased my first sports coat as a young man. That was a great coat because the tailor took the time to make sure it fit my less than tall stature. I kept that coat well past the time it was fashionable or even fit. It's gone now and so is Leroy's.

Continuing my memory walk, I pass Rabine's Restaurant and the Algonac Drug Store where I learned how special cherry Coke's and chocolate phosphates were. Crossing the street, I find myself at the Algonac Theater, where you could spend hours on a weekend day viewing two movies, a newsreel and cartoon for twenty-five cents. Owner Joe Nichols was always in the ticket booth and wife Fran behind the candy counter. Together they always made you feel welcomed. To this day, whenever I smell freshly popped corn, I immediately think about that theater. It, however, is gone now.

Next to the theater was the "bowling alley." I don't remember it by any other name, but do recall as a youngster working there as a "pin-boy." Younger readers of this column won't understand that title or the job function. It was hard work, but paid well if you could handle two lanes. This was, too, the place where my mother, a counter clerk, and my father met. It is no longer there.

The Algonac Savings Bank was just next door. I can only recall that it was where my savings account was. The bank offered a special in-school program that allowed students to serve as tellers and other students as customers. On Wednesday mornings we did our

banking and nickels, dimes and quarters were deposited as a learning experience. The bank was eventually purchased by a national financial institution and is no longer there. I still have a savings account, although elsewhere.

All small towns had an Edison store and ours was located next to the bank. It was there that electric bills could be paid, toasters and irons repaired, and where you could exchange burned-out light bulbs for new ones at no cost. Imagine any of that happening today. Bills are often paid electronically online. Small appliances are rarely repaired anymore and normally just replaced. And, try to find a free light bulb. In fact, try to find that level of customer service today. Edison stores no longer exist.

I've travelled less than two blocks down memory lane here, and there's so much more left to share. Possibly I'll continue my long-term recollections in the future.

There are moments when I wish I could roll back the clock and capture some of the things I thought little about in years past. If that could be done, however, I believe the joy of remembering would be gone as well. My journey has taught me that nothing is ever really gone or lost as long as we can remember.

I conclude this essay with a suggestion for those reading it: Take your own journey down memory lane and rediscover the principles and values that were the foundation in your youthful years. While you're as old as you have ever been, you're as young as you will ever again be. Enjoy what remains of your youth. 🌱



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Olympic Medals Aren't Just for Athletes

By Patricia Cosner Kubic
ThumbPrint News Contributor

Our world will get brighter on August 5th, at approximately 8:00 p.m. Well, at least for the evening it will be more dazzling. That's when the opening ceremony for the summer Olympics is scheduled, and because color is probably the second most popular language in Rio, I have high expectations that it will be quite the vibrant spectacle.

I love the Olympics; I never miss them. Even if I wasn't a sports gal, I'd still watch them. I feel really honored to watch someone face the pivotal point in their athletic life. I'd bet that a least a decade of all kinds of sweat went into their Olympic moments and we get to see how it plays out. Regardless if that athlete wins the race or nails their landing, we get to witness their elation or deep disappointment. For one moment there are countless lessons from coaches all spinning in their head at one time for a performance that may only last a few minutes. Is there really enough training to have their performance culminate not only all at once, but when they are the Olympic stage? Talk about timing! Talk about managing your nerves!

I think a person would have to have a mighty hard shell not to be influenced by watching an Olympic moment, especially when an athlete wins the gold and particularly when that athlete is from one of our 50 states.

But, regardless where that athlete is from or how well they do, watching the Olympics always makes me think about how we try to do our best, striding just a little more. And, we do it in an arena

that has nothing to do with sports and many times with nobody cheering for us.

Most every day, we have too much stuff to do. And most of the time it is stuff we are tired of doing because we've done it a thousand times before. Once in a while it's something that's so hard to face it makes us feel like we have to run a marathon when we only have enough gas in our tanks to walk a mile, maybe. We take care of our home, keep on top of things at work, and shuffle kids and grandkids from point A to point B. In between that routine, some of us are yelling at insurance companies because they won't cover some basic care, while many of us are having the same conversation for the umpteenth time with a parent who doesn't think like they used to. And, yes, there are the brave few navigating a new relationship with a person who came back from the front line different than when they left. But, we keep pushing because quitting is not an option for us, nor is it for those hopeful athletes. Day in and day out all of it takes sweat, just like the daily sweat of an athlete whose sights are set on the vivid stage in Rio. Clearly, everybody is trying to win some kind of race.

But, with dedication, we forge ahead. Every day these athletes get up and hit the gym. Every day we get up and plow through the to-do list. One person gets to perform on the world stage. One person gets to perform for an audience of just a few. One person may win the gold medal; but make no mistake, both of them inspire those around them with their very hard work, which means both are champions. 🏆



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Detroit Zoo Trip

\$29 PER PERSON
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Detroit Tigers Game

vs Mets - August 5th DEPART AT 4:30 PM
\$55 per person (section 322)
vs Angels - August 28th DEPART AT 9:30 AM
\$65 per person (section 105)
vs Royals - September 23rd
\$55 per person



SeaLife Aquarium

\$32 ADULTS/\$31 CHILDREN
\$20 UNDER 3
August 14th
11AM ARRIVAL



Renaissance Festival

\$39 ADULTS/\$29 CHILDREN (5-12)
September 11th



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CALENDAR OF ACTIVITIES & EVENTS

AUGUST

If you have an event in September that you would like listed in the September issue of *ThumbPrint News*, email it to ThumbPrintNews@comcast.net by August 12, 2016. There is no charge for the listing. Limited space is available for publishing events in this section. If it becomes necessary to eliminate some of the events that were submitted to us, we apologize. Events that were submitted earliest and non-profit events will be given the first priority.

Editor's note: Before traveling beyond your home town to attend any of these events, please call ahead for any changes in dates or times or for any cancellations.

Genesee

No events were submitted for Genesee County this month.

Huron

Bad Axe - August 6 & 20 Tip of the Thumb Dancers,

Huron County Senior Center, 150 Nugent Rd., 7:00 p.m. - 11:00 p.m. Admission is \$5 for dances. Cancellations on WLEW and WMIC radio. Bring finger foods and friends. On August 6, entertainment provided by Emerson Pilaske Band and on August 20 (Hawaiian Night), by The Natural Tones. For more information call Jerry at (989) 269-6348.

Lapeer

Lapeer - August 2

Spaghetti Dinner, American Legion Post 16, 1701 W. Genesee St., 4:45 p.m. - 7:00 p.m. \$6 per person, \$5 seniors, \$3 ages 7 - 12, under 7 free. Public welcome. All proceeds go towards scholarship fund. For more information call (810) 664-9312.

Lapeer - August 9

Taco Night, American Legion Post 16, 1701 W. Genesee St., 4:00 p.m. - 7:00 p.m. \$2 per taco. Public welcome. For more information call (810) 664-9312.

Clifford - August 14

26th Annual Heritage Day Festival and Dinner, St. Patrick Church, 9851 Main St., 11:30 a.m. - 3:30 p.m. Roast beef and pork dinner, bingo (with cash and prizes), flea market, country store, 50/50 drawing at 3:30 p.m. (need not be present to win), kids' games and prizes, fire truck display and fire department activities and more. For more information call Donna at (989) 670-2644.

Lapeer - August 16

Homemade Pizza Night, American Legion Post 16, 1701 W. Genesee St., 5:00 p.m. - 7:00 p.m. Public welcome. For more information call (810) 664-9312 or (810) 664-8418.

Lapeer - August 27

Lapeer American Legion 9th Annual Golf Outing "Keeping It Alive", Rolling Hills Golf Course, 3274

Davidson Rd., registration at 7:00 a.m.; 8:30 a.m. shotgun start. Four person scramble. Hot dogs at the turn. Dinner and prizes after the outing at the American Legion Post 16, 1701 W. Genesee St., Lapeer. Mail entries no later than August 19 to the American Legion Post 16. For more information call (810) 664-9312.

Lapeer - August 31

Life Line Screening, American Legion Post 16, 1701 W. Genesee St., 9:00 a.m. - 5:00 p.m. Public welcome. For more information call (810) 664-9312.

Macomb

Richmond - August 2

Woman's Life Chapter 855 Meeting, Lois Wagner Memorial Library, 35200 Division Rd., 6:30 p.m. Everyone is welcome to attend. For more information call (810) 392-5136.

Memphis - August 3, 10, 17 & 24

Talent by the River, Ed Musial Memorial Park on M-19, 7:00 p.m. Bring a lawn chair and friends and enjoy free music. On August 3, the band will be Mid Life Crisis, on August 10, Tin Whiskers, on August 17, Southern Thumb and on August 24, Mid Life Crisis. Rain location will be the Lions Hall/Youth Center at 34758 Pratt Rd. For more information call Dave at (810) 488-1294.

Memphis - August 5

1st Annual Memphis Days Blues Festival Car Show, Lions Field on 34758 Pratt Rd., 12:00 p.m. - 6:00 p.m. (rain or shine). Dash plaques and awards will be given. Concessions available. A parade of cars through town at 6:30 p.m. will join the Memphis Days' parade. \$15 on day of registration. Call Susan at (586) 615-9827 for more.

Romeo - August 6

Tom Sharpe Live in Concert, Gray's

Opera House/Romeo Masonic Temple, 231 N. Main St., 7:30 p.m. Sharpe is the drummer for Mannheim Steamroller, and will perform an evening of his unique, original, percussion-based music. Tickets are \$20, \$18 for Starkweather Arts members. Advance tickets are available at www.showtix4u.com. Proceeds support the Starkweather Arts and Gray's Opera House/Masonic Lodge 14. For additional information call (586) 752-5700 or visit www.starkweatherarts.com.

Washington & Romeo - August 11 Algonac State Park Day Trip,

departure from Romeo Activity Center, 361 Morton St., at 9:30 a.m. and departure from the Washington Activity Center, 57880 Van Dyke, at 9:45 a.m. Approximate return time 3:00 p.m. - 3:30 p.m. Cost is \$5. Come and watch the ships go by. Join us for a leisurely day. Enjoy hot dogs and drinks (bring a dish to pass). Play games and cards. Watch the sights (bring your camera or binoculars). Call (586) 752-9601 to register.

Mt. Clemens - August 12, 19 & 26 Uptown Friday Night Concert

Series, Fountain Stage on Macomb Place, between North Walnut and Pine Streets in the downtown area, 7:30 p.m. - 9:00 p.m. This fun, free, family-friendly outdoor concert series offers a wide variety of music genres from some of Metro Detroit's top musical artists. Don't forget to bring a chair! All concerts are sponsored by local businesses and the Mount Clemens Downtown Development Authority. On August 12, Trilogy will perform classic rock, on August 19, Soul Commission with Kathleen Murray will also perform classic rock and on August 26, Tri County Blues will perform rock and blues. For more information call (586) 431-6788.

Chesterfield - August 13 & 14 Michigan Volunteer Infantry, the 8th Arkansas Infantry and the 102nd U.S.C.T. Re-enactment, 47275

Sugarbush. Hosted by the Chesterfield Township Historical Society, 10:00 a.m. - 4:00 p.m. Re-enactors will participate in a living history encampment, including battle skirmishes at 11:00 a.m. and 2:00 p.m. and cannon firings. A donation of \$1 per adult or \$2 per family is suggested. Food and drink will be available for purchase. For more information call (586) 465-0780 or visit www.chesterfieldhistoricalsociety.org.

Romeo - August 16

Romeo Rotary Club Hosts the Kelly Miller Circus, Romeo Lions Field, S. Bailey St. and E. Washington St., performances at 4:30 p.m. and 7:30 p.m. This is an "old style" circus with trapeze and aerial acts, elephants and other circus animals, and a variety of acts to entertain and amuse. Advance tickets are \$12/adult

and \$6/child and are available online at kellymillercircus.com or at the following locations: Westview Orchard, Apple Orchard Inn, Romeo Family Restaurant, First Merit Bank and 4th Corner Restaurant. Tickets available at the show are \$16/adult and \$8/child. The public is welcome to come and watch the tent raising and set up starting at 9:00 a.m. the day of the show. For more information call Bill at (586) 752-2565.

Washington - August 16 Eastern Market Guided Tour and Free Time to Explore,

departure from the Washington Activity Center, 57880 Van Dyke, at 8:45 a.m. with approximate return time of 4:15 p.m. Costs for residents is \$35 and for non-residents \$38. Call (586) 786-0131 for more information or to register.

Harrison Twp. - August 27 & 28 Lake Ste. Claire Voyageurs Event,

Lake St. Clair Metro Park (formerly Metro Beach Metro Park) 31300 Metro Parkway, 10:00 a.m. - 5:00 p.m. both days. Park entrance fee: \$10, event fee: \$2. Educational, fun and interesting event. Learn about the Great Lakes Fur Trade Era and more! For more information contact LSCVavant@yahoo.com.

Oakland

No events were submitted for Oakland County this month.

St. Clair

Marine City - August 4, 11, 18 & 25 Farmer's Market, High St. and S.

Parker (next to the Marine City Library), 8:00 a.m. - 1:00 p.m. For more information call (810) 765-4501.

**Clay Twp. - August 6
Craft/Vendor Show**, Clay Twp. Park, 4720 Pte. Tremble, 10:00 a.m. - 3:00 p.m. For more information call Paula at (810) 794-9641.

**Marine City - August 12-28
Love Letters (Comedy Play)**, The Snug Theatre, 160 S. Water St., Thursdays, Fridays and Saturdays at 7:30 p.m. Sundays at 3:00 p.m. Tickets \$26. Book online at www.riverbanktheatre.com or call (810) 278-1749.

Port Huron Twp. - August 12 & 13 Home Décor - Furniture Sale, 4100

Griswold Rd., 10:00 a.m. - 4:00 p.m. on Saturday and 11:00 a.m. - 3:00 p.m. on Sunday. Sponsored by the Blue Water Area Humane Society. Sofas, love seats, recliners, chairs, kitchen and dining sets, end tables, coffee tables, cabinets, chests, 2-drawer file cabinets, lamps, pictures, decorative

items and light housekeeping items for the college bound students. Much more as well. Accepting donations of items (tax deductible). For more information call (810) 794-7906.

Kimball - August 14

New Life Christian Academy Open House, 5517 Griswold Rd., 2:00 p.m. - 4:00 p.m. Families are encouraged to visit the school, meet the teachers, view the curriculum, textbooks and extra-curricular activities. Classes are offered for students preschool through twelfth grade. Information and enrollment packets will be available at the open house. For more information visit www.nlcaschool.com or call (810) 367-3770 ext. 100.

New Baltimore - August 14

Anchor Bay Veterinary Clinic Community Appreciation Day, 36755 Green St., 12:00 p.m. - 4:00 p.m. We will be providing food and fun activities, including a DJ, bounce house, velcro wall, raffle baskets and prizes for pet-owner look-a-like contest and ugly dog contest. Meet our great staff, adoptable pets and Taylor the Tortoise! For more information call us at (586) 725-7700.

Fort Gratiot Twp. - August 17

Lake Huron Medical Center Hosts 36th Annual Mahmoud M. Chaffy Memorial Golf Outing, Port Huron Golf Club, 4101 Fairway Dr. An afternoon flight will be offered in this modified 18-hole golf scramble for men, women and mixed foursomes. The event begins with registration at 11:30 a.m. and includes a buffet lunch followed by a round of golf. Enjoy dinner, an auction and an awards presentation to conclude the day's fun-filled activities. To find out more about the outing call (810) 216-1675.

Marysville - August 18

Monthly Supper Club, Blue Water Seventh-Day Adventist Church, 1365 Sixth St., 6:30 p.m. - 8:00 p.m. Interested in vegetarian cooking? Join our monthly supper club. Call Dina at (810) 325-1225 for details.

Casco Twp. - August 20

Perch Point Conservation Club Steak Out, 7930 Meisner Rd., doors open at 4:00 p.m. Dinner from 5:00 p.m. - 7:00 p.m. Dinner includes: New York strip steak, baked potato, baked beans, tossed salad, roll and dessert. \$15 per adult; \$8 per child (1/2 of a steak). A cash bar or a \$10 bracelet for open bar may be purchased at the door. Entertainment, raffles, 50/50. For tickets call Harry at (810) 278-5630, Chuck at (810) 278-1595 or get at the Club bar.

Casco Twp. - August 20

St. Paul's Parking Lot Yard Sale,

5322 Palms Rd., 9:00 a.m. - 3:00 p.m. Join us on-site for a \$10 donation for a parking space spot to sell your "treasures". All monetary donations from yard sale will be donated to A New Dawn Family Shelter located in Marine City. For more information call (810) 765-4808.

Port Huron - August 24

St. Clair County Family History Group Annual Picnic, Port Huron Twp. Park, 3343 Beach Rd., 6:00 p.m. Please bring a dish to pass, plus your place setting and drink of choice. Also bring dimes to play games with. Anyone interested in local history or researching family history may visit our program or become a new member of the group.

For more information call (317) 600-7813 or visit our website at www.rootsweb.ancestry.com~misc/fhg/.

Port Huron - August 27

Lake Huron Foundation Volunteer Organization Presents, "The Evelyn Smallbladder Show",

Lake Huron Medical Center Cafeteria, Lighthouse Café, 2601 Electric Ave., 7:00 p.m. (Doors open at 6:00 p.m.) Tickets \$20 in advance at Lake Huron Medical Center Gift Shop and Mosher Jewelers. Tickets also sold at the door on the night of the performance for \$25, if available.

Proceeds for this event will go to local women in need of assistance with health-related issues and the Lake Huron Foundation Volunteer Organization. Complimentary drinks and snacks will be served. This is a comedy show that is frank, funny and fun for the whole family. For more information call Barbara at (810) 302-0227 or (810) 387-4543.

Sanilac

Port Sanilac - August 6 & 7

Civil War Days, Sanilac County Historic Village and Museum, 228 South Ridge St., 10:00 a.m. - 5:00 p.m. For more information call (810) 622-9946 or visit www.sanilaccountymuseum.org.

Port Sanilac - August 12-14

Antique Fair and Thumb Yard Sale Trail, Sanilac County Historic Village and Museum, 228 South Ridge St., 10:00 a.m. - 4:00 p.m. For more information call (810) 622-9946 or visit www.sanilaccountymuseum.org.

Sandusky - August 13 & 27

Thumb Dance Club, Maple Valley School, 138 Maple Valley St., 7:00 p.m. - 11:00 p.m. Everyone welcome. Bring finger foods (for 9:00 p.m.) and friends. \$5 for members and \$6 for guests (regular dances, \$10 membership per year. On August 13, entertainment provided by Dick Hedrich & Son and on August 27,

Lighthouse Three. For more information call Leola at (810) 657-9349 or Dorothy at (810) 404-4250.

Croswell - August 27

Croswell Parks, Recreation and Festivals Committee Fishing Contest, Riverbend Park, 9:00 a.m. - noon. Cost is \$20 to fish three poles. \$400 cash prizes for the 5 longest fish caught in the contest. For more information or to register call (810) 679-3904 or visit www.cityofcroswell.com.

Tuscola

Mayville - August 6

All Country School Reunion, West Dayton Schoolhouse at the Mayville Museum, 2124 E. Ohmer Rd., 12:30 p.m. Bring a dish to pass, your lawn chair and memories to share. Everyone is invited, especially those who attended a one-room schoolhouse in the area. For more information call Fran at (989) 843-0011.

Caro - August 12-14

41st Annual Thumb Area Old Engine and Tractor Show, fairgrounds at 188 Park Dr. For more information call (989) 325-1176 or visit www.carotractorshow.com for a list of all events and times.

Mayville - August 19

Mayville Museum Auction, 2124 E. Ohmer Rd. We are raising money to repair the West Dayton one-room schoolhouse located on the Museum grounds. If you have an old car, furniture, boat or farm equipment to donate, give us a call. For more information call Fran at (989) 843-0011 or Frank at (989) 550-2060.

Wayne

Royal Oak - August 3, 10, 17, 24 & 31

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General

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INFO WANTED, Cherry Beach Inn Restaurant postcards, information or pictures of the inside or outside of the restaurant from the past, located at 7200 River Rd. in Cottrellville, Michigan. Please either email a copy to ThumbPrintNews@comcast.net or call *ThumbPrint News* at (810) 794-2300.

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Proactively Prepare for Emergencies

By Alan Stein, *ThumbPrint News* Guest Writer

The potential for an unanticipated emergency to wreak havoc on our lives is a constant threat. Floods, fires, hurricanes, earthquakes and a host of disasters can strike suddenly, putting your home, yourself and your family in danger. However, by planning now and creating an emergency preparedness kit, you can be equipped to respond to and recover from a disaster.



Preparing for a Threat

Recognizing which threats pose the most danger is the first step in strengthening your preparedness plans. Our geographic locations often force us to prepare for certain natural disasters. For example, if you live near the coast, hurricanes should be a major concern, while forest fires may be a fear if you live in a wooded region that experiences dry spells. Accounting for a palpable threat will greatly increase the odds of successfully protecting your family.

Emergency Preparedness Kit

No matter what type of emergencies are common in your area, it's essential to maintain an emergency preparedness kit with resources that will adequately support your family through a shelter-in-place situation or an evacuation. Here are some tips for effectively safeguarding yourself during an emergency.

Water - Water is perhaps the most basic necessity for survival. Depending on the challenges you're facing, drinkable water may be restricted in a disaster. It is recommended that you store at least one gallon of water per person for three days. However, depending on age, health, physical condition, activity, diet and climate, individual needs may vary.

Food - When a disaster occurs, access to food can be limited. Having an adequate supply will help alleviate those concerns, and you'll appreciate knowing you can keep your family nourished until services and supplies can be restored. No matter what you stockpile, make sure it's nonperishable. Canned foods, salt-free crackers and whole grain cereals are some of the best emergency food supplies that don't require any preparation material. In addition, a can opener and pocket knife are essential.

First Aid Kit - In a situation where professional medical attention is not available, a first aid kit becomes invaluable. Some basic over-the-counter items will allow you to manage common injuries or ailments. In addition to bandages, sterile dressings, pain-relievers, antibiotic ointment and cleansing agents, make sure you have a supply of any necessary prescription medications.

Other Supplies - Each family must recognize their unique needs and challenges. If you have children, their age will often dictate the supplies needed. Climate also plays a major factor in your emergency preparations. If you live in an area where cold weather is frequent, keep warm clothes, jackets and blankets at your disposal. You should also plan for power outages - have a transistor or all-weather radio and flashlights with extra batteries. Also, in the event of an evacuation, you should have cash as you may not be able to get to an ATM.

Communication

One of the most important aspects of an emergency preparedness planning involves communication. As a family, discuss potential emergency situations, review how you've prepared and what should occur. Resources such as Ready.gov can help you prepare. Every family should establish a meeting point. Our constant reliance on technology - including cell phones - creates daily conveniences but in an emergency, power and cellular outages are common. It is important to plan for where to go if your family can't access your home; as well as where to meet if your primary meeting spot isn't available. In addition, keep a written list of phone numbers in your wallet or purse so that the information is available. These contingency plans provide peace of mind now and a firm plan for action if the unthinkable occurs.

About the Author: Alan Stein is the Vice President of Marketing Services & Product Development at AlliedBarton Security Services. Alan is also the Vice Chair of the BOMA International Preparedness Committee (BOMA stands for Building Owners and Managers Association).

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Submitted by Sherry Sheleny

Get away without going away on Labor Day weekend at the largest one day chili cook-off, music and arts festival in St. Clair County. The 2016 BlueChiliGrass Festival will be held on Labor Day, September 5, at Goodells County Park, located at 8345 County Park Drive, Goodells, Michigan 48027.

The 7th Annual BlueChiliGrass Festival will feature continuous music and a chili cook-off by eight Blue Water area chefs and caterers. Gates will be open from 11:00 a.m. to 8:00 p.m.

Music will be from 12:00 p.m. to 8:00 p.m. on two stages, one for acoustic performers and bands in varied music genres and the other for bluegrass and Celtic music.

The Chili Cook-Off will take place from 2:00 p.m. to 5:00 p.m. Tickets for sampling will be available at a cost of \$2 for eight samples. Winners will be announced at 6:00 p.m. The first and second place winners from 2015, Thumbcoast Brewing Company and Murphy Inn and Dorsey House respectively, will take on six other local restaurants for this year's title.

Music and chili aren't the only stars of the festival. Artisan booths and displays will also be featured, as well as a variety of food vendors.

This family friendly event is sponsored by the Lake Bonisteel Music Association, a non-profit organization dedicated to the appreciation of music and arts in the Blue Water area. Admission is \$1, with ages 12 and under admitted free. Children aged 12 and under must be accompanied by an adult.

Attendees should bring chairs or picnic blankets. They may also bring their own food and refreshments. Pets are not allowed. There is ample free parking close to the admission gates.

Festival planners are looking for volunteers who would like to provide time and expertise on the day of the festival. Those interested should email bcgf.volunteers@gmail.com, or visit www.facebook.com/LakeBonisteelMusic. There is also still time to become a sponsor for the event, as well as registering to be an exhibitor or vender at the event.

Additional information is available at www.facebook.com/LakeBonisteelMusic.

Special Pre-event Fundraising Concert:

A pre-event high energy, fundraising concert, the BlueChiliGrass Eve Fundraising Concert, will be held from 3:30 p.m. to 9:30 p.m. the day before the BlueChiliGrass Festival, on Sunday, September 4, at Goodells County Park. Gates will open at 3:00 p.m. Admission is \$10. Funds will go toward the Lake Bonisteel Music Association Gary Sargent Memorial Scholarship and the BlueChiliGrass Festival. Attendees should bring chairs or picnic blankets. They may also bring their own food and refreshments. There is ample free parking close to the admission gates. No pets.

Background:

The BlueChiliGrass Festival and the Lake Bonisteel Music Association were founded in 2010 to promote and celebrate music in the Blue Water area. The association's goal with the festival was to establish a positive and fun family event centered around music and arts – a festival providing those attending an opportunity to hear performers they might not ordinarily see. While this festival was held informally for many years as a private event, because of its growing popularity it was moved to its current location, Goodells County Park, in 2013 and opened to the public.

The mission of the Lake Bonisteel Music Association is to act as a resource to enhance and promote cultural activities in the region with a focus on arts and music. The mission of the

BlueChiliGrass Festival is to foster the perpetuation of traditional American music by regional performers and to celebrate the All-American flavor of chili and homespun arts and crafts in a family oriented setting.



The band Butterhair performing at the 2015 BlueChiliGrass Festival. (Photo by Sherry Sheleny) From left Roger Blume, Charlie Winters, Kevin Batchelder, Ted Smith.

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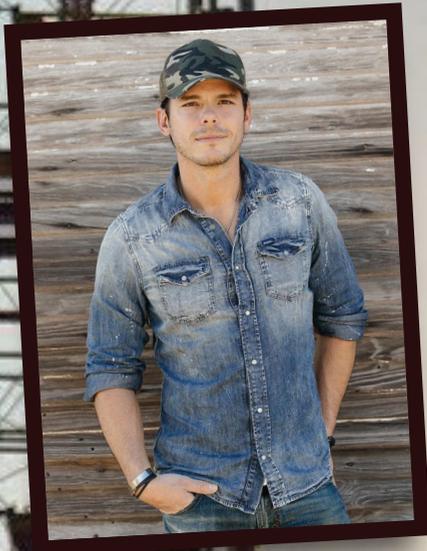
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